**January 2024**

**Announcements**

**Nominate Eyes for Life Canberra for the Southern Cross Club  Community Rewards Program**

Members of the Southern Cross Club can help us raise funds by taking part in the Southern Cross Club’s Community Rewards program.  The Community Rewards Program allows Canberra Southern Cross Club members to give back to the group most important to them.  By nominating **Eyes for Life Canberra** - double the amount of your spend on food and beverages at the Southern Cross Club is donated to your chosen group.

## **Upcoming Events 2024 (more details to come)**

Welcome to 2024 - we trust you had an enjoyable Christmas and break. A reminder that all the Core Groups will resume in February. In addition, please find below some upcoming planned events for 2024, with more details to follow.

* 15th February – Aged Care Information Session, Griffin Centre
* 16th February - Multicultural Festival in the City
* 15th - 17th March - Birrigai Camp
* 28th March - Easter Hat Lunch and Parade
* 5th May – The World of Musicals in Concert, Canberra Theatre
* 11th May - Ngala Tour, National Arboretum (date TBC)
* 13th June - Murrumbateman Wine Tour

**Audio Book Group – Wednesday 7th February**

This friendly group of book lovers will resume on Wednesday 7th February at 10:00 in the meeting room of the Canberra Blind Society to discuss our summer holiday reading and experience good coffee and conversation.
 “Dear Mrs Bird” a winning war-time romp, “a comic novel about an agony aunt in wartime London proves as hilarious as it is moving”. The Guardian.??
New members are most welcome and the CBS staff will move mountains to get you started. A year of great listening awaits us. Contact Bob James or the office for further information 02 6247 4580

**Aged Care Session – Thursday 15th February**

The Canberra Blind Society invites members and families, clients and friends to an Aged Care information session which be facilitated by Craig from Right at Home, an aged care service provider.

The information session will be held on Thursday 15 February, in the Griffin Centre Room 6, Level 1. Starting at 12.30 pm – 2.30pm – lunch will be provided, followed by the presentation at 1 pm. There will be opportunity for you to ask questions about the Aged Care system and its services.

Call Debra or Hayley at the office on 6247 4580 and put your name on the list, or email events@canberrablindsociety.org.au.

**Multicultural Festival – Friday 16th February**

CBS invites members and friends to an afternoon at the Canberra Multicultural Festival on Friday 16 February 2024. Come with us and enjoy performances, cultural entertainment, food and community spirit all on offer in Canberra City.

Meet us at the CBS office in the Griffin Centre at 1.30pm, together we will take a walk through the city centre exploring our community’s cultural diversity.

Volunteers and staff also attend the afternoon excursion to act as guides and to help locate some of the cuisines you might like to try.

Call Debra or Hayley at the office on 6247 4580 and put your name on the list, or email events@canberrablindsociety.org.au.

**Women’s Safety Project: coming soon – new Workshop Series**

The *Women’s Safety Project* is expanding on the current Women’s Safety 12-week Program by introducing a new element: the Women’s Safety Workshop Series. The Women’s Safety Workshop Series will run fortnightly on Wednesday lunchtimes and will feature eight one-off workshops for vulnerable women over the age of 18. The Workshop Series will include workshops such as “Saying no with respect”, “Improving your home security” and “De-escalating situations safely”.

The new Workshop Series will commence 21 February 2024.

Tickets for individual workshops will be available through Eventbrite after 31 January 2024. If you or someone you know is interested finding out more about the Women’s Safety Program or the Workshop Series, please contact Akita Hodgson by email at sarc@eflc.org.au.

**Dancing Queen Dining Experience – Saturday 2nd March**

We are excited to announce, after being cancelled by the organisers last year – that this event is back on again!! Are you looking for a fun filled evening out? We have tickets for a Dancing Queen Dinner show.

Saturday 2nd March – Beef and Barley, Kingston Foreshore, 5.30 pm.

Voyage to the island of Skopelos, where an evening of dancing, dining and jiving awaits. Whilst being served a mouth-watering dinner in Niko’s Tavern, you will be serenaded by performers and leave begging for a man after midnight!

The theatrical dining experience includes a theatrical performance, a two-course Mediterranean themed dinner, a drink (wine or beer) and a disco that will have you sending out an S.O.S for some more appropriate dancing shoes.

Contact Deb or Hayley to add your name to the list – 6247 4580 or email admin@canberrablindsociety.org.au

**Birrigai Camp – Friday 15th - Sunday 17th March 2024**

CBS will be hosting a “Weekend to Remember” to be held at Birrigai Outdoor School on Friday 15th to Sunday 17th March 2024. The purpose of the weekend is to provide a range of less strenuous activities e.g. craft activities, dance workshop, singing workshop, yoga, blind tennis and more. CBS invites members and clients who want to take things easy and to provide a comfortable venue for social events.

Volunteers and staff also attend the weekend to act as guides and to help out in all the activities. Come along and join in the fun. If you have a talent for trivial pursuit join us in a game on Saturday night.

Call Debra or Hayley at the office on 6247 4580 and put your name on the list, or email events@canberrablindsociety.org.au. Further details about the facilities, activities and what you will need to bring with you will be forwarded once you register for Birrigai Camp.

**Check our website and socials for all up to date information about what's happening at Canberra Blind Society.**

To give any feedback on this platform or unsubscribe please email vco@canberrablindsociety.org.au